

Daily blood pressure monitoring – an important step in watching your health

High blood pressure is the No.1 modifiable risk factor for stroke

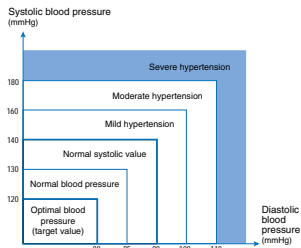
Common risk factors, such as stress, being overweight, smoking, diabetes or hereditary disposition, cause a pathological rise in the systolic pressure (when the heart contracts) and diastolic pressure (when the heart dilates).

High blood pressure often goes unnoticed because there are usually no symptoms

This is precisely the reason why regular self-monitoring is so important. It enables you to take preventive action, or to see the effect of any medical treatment you are receiving.

Prevention and treatment are essential

A change in diet, losing weight, quitting smoking or a programme of regular exercise can help. All further treatment for high blood pressure is, of course, a matter for your doctor.



According to the blood pressure classification by the WHO/ISH* (revised in 1999)
* International Society of Hypertension



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Wrist blood pressure monitor



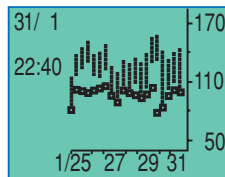
Wrist blood pressure monitor with advanced display options and connection

OMRON



Users expecting the optimal performance of their wrist blood pressure monitor are now optimally served by the OMRON R7. For most patients a wrist monitor is as reliable as an upper arm device if the device is properly positioned during the measurement. The device needs to be held at heart level and used in the exact same position with every measurement. The R7 has a patented, easy-to-use positioning sensor assuring that the each and every measurement is optimally completed.

The advanced display shows full size results as well as the ability to display graphical charts. Charting the measurements illustrates the long term development of ones blood pressure.



The monitor has a BI link connection. Here an optionally available USB cable can be connected and the values can be downloaded to a PC. The BI link can also be used to connect a mini printer (optional accessory) to print out the results of individual measurements, a list of all measurements and graphs.

Best possible measurement results, advanced display functions and connectivity

Clinically validated measuring accuracy and unique features

How does this work?

A built-in sensor determines the optimal height of your wrist; smart indicators on the display guide



you to the best position. Once put at the proper position, the monitor will automatically start the measurement. The Position Sensor can be set for both the left and the right wrist, or can be switched off for use while lying down.

The accuracy of the algorithm used in the OMRON R7 blood pressure monitor has been proven according to the international AAMI protocol.

In this respect Omron meets the highest medical requirements to assure long-lasting, reliable use.

Wrist blood pressure monitors are easy in use; yet require careful positioning at heart level to assure the highest accuracy. Omron makes this even easier thanks to the new Position Sensor technology.